

Moon Journal

Spring Journal for your Soul



Soul Magic Studio



Hello Magical Friend, ✨

Thank you for downloading my journal pages!

How can you use it?

1. If you like to write on a tablet, you can import it to Goodnotes and duplicate pages to match the month and days you are in currently.
2. If you prefer paper journals, I suggest printing the monthly and weekly pages. It is nice to do some planning at the beginning of each month and week. Use the prompts on the daily pages in your notebook. I use a dated daily diary as I like to have some structure already on the page. I don't worry if I skip a day, so it is not for feeling guilty. I write as much as I can or want on the daily page. If I need to write more or brainstorm a topic I can still use a normal plain notebook. Sometimes I write my to do list on the dailies if I know I feel anxious about what to do that day. Even though I have a digital app to manage my tasks, there is some very calming energy in writing with a pen (or pencil).

I hope to receive some inspiration from these journal pages. This journal intends to help you connect to your Soul, may this connection nurture you into a safe and creative place where you feel enough and deeply loved!

Let yourself play and have fun!

May this be an inspiration to explore your creative magic and expand your awareness towards more love and joy!

Quick Start Guide for the Moon

The Moon cycle

- New Moon - set intention
 - ◐ Waxing Crescent Moon - relax into the intention
 - ◑ First Quarter Moon - take action
 - ◒ Waxing Gibbous Moon - get enthusiastic
 - ◯ Full Moon - Abundance, fruition, gratitude
 - ◓ Waning Gibbous Moon - Reflection, learning, reframing
 - ◔ Last Quarter Moon - Acknowledge and release and forgive
 - ◕ Waning Crescent Moon - Rest
- Dark Moon - the night before the New Moon - Deep listening, stillness









Keywords for Moon in the Zodiac signs

- △ Moon in Aries: Take action
- ▽ Moon in Taurus: Appreciate
- △ Moon in Gemini: Clarity
- ▽ Moon in Cancer: Comfort
- △ Moon in Leo: Be grateful
- ▽ Moon in Virgo: Healing
- △ Moon in Libra: Cooperate
- ▽ Moon in Scorpio: Feel
- △ Moon in Sagittarius: Explore
- ▽ Moon in Capricorn: Focus
- △ Moon in Aquarius: Community
- ▽ Moon in Pisces: Meditate

Elemental aspects:

- △ Fire signs - spirited
- ▽ Earth signs - practical
- △ Air signs - communication
- ▽ Water signs - feelings

✦✦✦ March

M	T	W	T	F	S	S
				1	2	3  Last q. moon
4	5	6 	7	8	9	10  New Moon
11	12	13 	14	15	16	17  First q. moon
18	19	20  Spring equinox	21	22	23	24
25  Full Moon	26	27	28	29 	30	31

What is rising in you and what do you wish to call in this Month?

Note: when the moon shines brighter, you feel more energized.

1 March

Moon in Scorpio



What my soul wants me to know today?

I am grateful for....



Card

2 March

Moon enters Sag 13:56



What my soul wants me to know today?

I am grateful for....



Card

3 March

 Last quarter Moon in Sag



What my soul wants me to know today?

I am grateful for....



Card

4 M	5 T	6 W	7 T	8 F	9 S	10 S
						● New Moon

Card of the week - message from Soul

Habit tracker

M T W T F S S

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4 March

Moon enters Capricorn 21:15



What my soul wants me to know today?

I am grateful for....



Card

5 March

Moon in Capricorn



What my soul wants me to know today?

I am grateful for....



Card

6 March

Moon in Capricorn



What my soul wants me to know today?

I am grateful for....



Card

7 March

Moon enters Aquarius 00:39



What my soul wants me to know today?

I am grateful for....



Card

8 March

Moon in Aquarius



What my soul wants me to know today?

I am grateful for....



Card

9 March
Moon enters Pisces 01:04



What my soul wants me to know today?

I am grateful for....



Card

10 March

● New Moon in Pisces 09:00



What my soul wants me to know today?

I am grateful for....




Card

New Moon Magic in Pisces:

What is rising in you and what do you wish to call in this month under this new moon?

Theme: what dreams are you ready to make real?

Pull a card, paint, doodle whatever connects you to your intuition.

11 M	12 T	13 W	14 T	15 F	16 S	17 S
						 First q. moon

Card of the week - message from Soul

Habit tracker

M T W T F S S

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11 March
Moon enters Aries 00:19



What my soul wants me to know today?

I am grateful for....



Card

12 March
Moon in Aries



What my soul wants me to know today?

I am grateful for....



Card

13 March
Moon enters Taurus 00:28



What my soul wants me to know today?

I am grateful for....



Card

14 March
Moon in Taurus



What my soul wants me to know today?

I am grateful for....



Card

15 March
Moon enters Gemini 03:16



What my soul wants me to know today?

I am grateful for....



Card

16 March
Moon in Gemini



What my soul wants me to know today?

I am grateful for....



Card

17 March

🌙 First quarter
moon in Cancer



What my soul wants me to know today?

I am grateful for....



Card

18 M	19 T	20 W	21 T	22 F	23 S	24 S
		Spring equinox				

Card of the week - message from Soul

Habit tracker

M T W T F S S

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18 March
Moon in Cancer



What my soul wants me to know today?

I am grateful for....



Card

19 March
Moon enters Leo 19:33



What my soul wants me to know today?

I am grateful for....



Card

Honouring the End of Winter ✨ ✨

What was working? Celebrate that! ✨

What was not working?

What do I need less of?

What do I need more of?

Pull a card, paint, doodle whatever connects you to your intuition.

20 March

Moon in Leo

Sun enters Aries 03:07
(Spring equinox)



What my soul wants me to know today?

I am grateful for....



Card

Step into Spring



Discover what is emerging within you and what you wish to bring into your life.
Pull a card, meditate, paint, doodle, whatever connects you to your intuition.

21 March
Moon in Leo



What my soul wants me to know today?

I am grateful for....



Card

22 March
Moon Enters Virgo 07:42



What my soul wants me to know today?

I am grateful for....



Card

23 March
Moon in Virgo



What my soul wants me to know today?

I am grateful for....



Card

24 March
Moon Enters Libra 20:38



What my soul wants me to know today?

I am grateful for....



Card

25 M	26 T	27 W	28 T	29 F	30 S	31 S
☀ Full Moon						

Card of the week - message from Soul

Habit tracker

M T W T F S S

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25 March

Moon in Libra

☀ Full Moon

Lunar Eclipse 7:00



What my soul wants me to know today?

I am grateful for....



Card

Full Moon Eclipse in Libra

What do you wish to celebrate and release under this Full Moon?

Theme: forgive and release blocks to love

Pull a card, paint, doodle whatever connects you to your intuition.

26 March
Moon in Libra



What my soul wants me to know today?

I am grateful for....



Card

27 March
Moon enters Scorpio 9:03



What my soul wants me to know today?

I am grateful for....



Card

28 March
Moon in Scorpio



What my soul wants me to know today?

I am grateful for....



Card

29 March
Moon enters Sag 19:52



What my soul wants me to know today?

I am grateful for....



Card

30 March
Moon in Sag



What my soul wants me to know today?

I am grateful for....



Card

31 March
Moon in Sag











What my soul wants me to know today?

I am grateful for....




Card

M	T	W	T	F	S	S
1  Last q. moon	2	3	4	5 	6	7
8  New Moon Solar eclipse	9	10	11 	12	13	14
15  First q. moon	16	17	18	19  Sun enters Taurus	20	21
22	23  Full Moon	24	25	26	27 	28
29	30					

What is rising in you and what do you wish to call in this Month?

Note: when the moon shines brighter, you feel more energized.

1 M	2 T	3 W	4 T	5 F	6 S	7 S
	 Last q. moon					

Card of the week - message from Soul

Large empty space for writing the weekly message from the soul.

Habit tracker	M	T	W	T	F	S	S



1 April

Moon enters Capricorn 4:05




What my soul wants me to know today?

I am grateful for....



Card

2 April

 Last quarter
Moon in Capricorn



What my soul wants me to know today?

I am grateful for....



Card

3 April

Moon enters Aquarius 9:08



What my soul wants me to know today?

I am grateful for....



Card

4 April
Moon in Aquarius



What my soul wants me to know today?

I am grateful for....



Card

5 April

Moon enters Pisces 11:13



What my soul wants me to know today?

I am grateful for....




Card

6 April
Moon in Pisces



What my soul wants me to know today?

I am grateful for.... 



Card

7 April

Moon enters Aries 11:25



What my soul wants me to know today?

I am grateful for....



Card

8 M	9 T	10 W	11 T	12 F	13 S	14 S
<p>● New Moon Solar eclipse</p>						

Card of the week - message from Soul

Habit tracker

M T W T F S S

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8 April

● New Moon in Aries 18:20

Solar eclipse



What my soul wants me to know today?

I am grateful for....



Card

New Moon Magic in Aries:

What is rising in you and what do you wish to call in this month under this new moon?

Theme: what changes are you ready for?

Pull a card, paint, doodle whatever connects you to your intuition.

9 April

Moon enters Taurus 11:24



What my soul wants me to know today?

I am grateful for....



Card

10 April
Moon in Taurus



What my soul wants me to know today?

I am grateful for....



Card

11 April
Moon enters Gemini 12:59



What my soul wants me to know today?

I am grateful for.... 



Card

12 April
Moon in Gemini



What my soul wants me to know today?

I am grateful for....



Card

13 April
Moon enters Cancer 17:45



What my soul wants me to know today?

I am grateful for....



Card

14 April
Moon in Cancer




What my soul wants me to know today?

I am grateful for....



Card

15 M	16 T	17 W	18 T	19 F	20 S	21 S
 First q. moon				Sun into Taurus		

Card of the week - message from Soul

Habit tracker

M T W T F S S

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15 April
Moon in Cancer



What my soul wants me to know today?

I am grateful for....



Card

16 April
Moon enters Leo 2:24



What my soul wants me to know today?

I am grateful for....



Card

17 April
Moon in Leo



What my soul wants me to know today?

I am grateful for....



Card

18 April
Moon enters Virgo 14:11



What my soul wants me to know today?

I am grateful for....



Card

19 April
Moon in Virgo

Sun enters Taurus



What my soul wants me to know today?

I am grateful for....



Card

20 April
Moon in Virgo



What my soul wants me to know today?

I am grateful for....



Card

21 April
Moon Enters Libra 03:09



What my soul wants me to know today?

I am grateful for....



Card

22 M	23 T	24 W ☀ Full Moon	25 T	26 F	27 S	28 S
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Card of the week - message from Soul

Habit tracker

M T W T F S S

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22 April
Moon in Libra



What my soul wants me to know today?

I am grateful for....



Card

23 April

Moon enters Scorpio 15:20



What my soul wants me to know today?

I am grateful for....



Card

24 April

🌕 Full Moon in Scorpio 00:48



What my soul wants me to know today?

I am grateful for....



Card

Full Moon in Scorpio

What do you wish to celebrate and release under this Full Moon?

Theme: emotional healing

Pull a card, paint, doodle whatever connects you to your intuition.

25 April
Moon in Scorpio



What my soul wants me to know today?

I am grateful for....



Card

26 April
Moon enters Sag 01:37



What my soul wants me to know today?

I am grateful for....



Card

27 April
Moon in Sag



What my soul wants me to know today?

I am grateful for....



Card

28 April
Moon enters Capricorn 9:38



What my soul wants me to know today?

I am grateful for....



Card

29 M	30 T	1 W	2 T	3 F	4 S	5 S
		May				

Card of the week - message from Soul

Habit tracker	M	T	W	T	F	S	S



29 April
Moon in Capricorn



What my soul wants me to know today?

I am grateful for....



Card

30 April
Moon enters Aquarius 15:20












What my soul wants me to know today?

I am grateful for....



Card

M	T	W	T	F	S	S
		1  Last q. moon	2	3	4 	5
6	7	8  New Moon	9	10	11 	12
13	14	15  First q. moon	16	17	18	19 
20 Sun enters Gemini	21	22	23  Full Moon	24	25	26
27 	28	29	30 	31		

What is rising in you and what do you wish to call in this Month?

Note: when the moon shines brighter, you feel more energized.

29 M	30 T	1 W	2 T	3 F	4 S	5 S
		🌕 Last q. moon				

Card of the week - message from Soul

Habit tracker

M T W T F S S

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1 May

☾ Last Quarter moon in
Aquarius



What my soul wants me to know today?

I am grateful for....



Card

2 May

Moon enters into Pisces 18:52



What my soul wants me to know today?

I am grateful for....




Card

3 May
Moon in Pisces



What my soul wants me to know today?

I am grateful for.... 



Card

4 May

Moon enters Aries 20:41



What my soul wants me to know today?

I am grateful for....




Card

5 May
Moon in Aries



What my soul wants me to know today?

I am grateful for.... 



Card

6 M	7 T	8 W	9 T	10 F	11 S	12 S
		● New Moon in Taurus				

Card of the week - message from Soul

Habit tracker

M T W T F S S

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6 May

Moon enters Taurus 21:42



What my soul wants me to know today?

I am grateful for....




Card

7 May
Moon in Taurus



What my soul wants me to know today?

I am grateful for.... 



Card

8 May

● New Moon in Taurus 3:21
Moon enters Gemini 23:21



What my soul wants me to know today?

I am grateful for....



Card

New Moon Magic in Taurus:

What is rising in you and what do you wish to call in this month under this new moon?

Theme: do you feel worthy to receive all the good things in life?

Pull a card, paint, doodle whatever connects you to your intuition.

9 May
Moon in Gemini



What my soul wants me to know today?

I am grateful for....




Card

10 May
Moon in Gemini



What my soul wants me to know today?

I am grateful for.... 




Card

11 May
Moon enters Cancer 3:13



What my soul wants me to know today?

I am grateful for.... 



Card

12 May
Moon in Cancer



What my soul wants me to know today?

I am grateful for....



Card

13 M	14 T	15 W	16 T	17 F	18 S	19 S
		☾ First q. moon				

Card of the week - message from Soul

Habit tracker

M T W T F S S

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13 May
Moon enters Leo 10:36



What my soul wants me to know today?

I am grateful for....



Card

14 May
Moon in Leo



What my soul wants me to know today?

I am grateful for....



Card

15 May

☾ First Quarter Moon in Leo
Moon enters Virgo 21:33



What my soul wants me to know today?

I am grateful for....



Card

16 May
Moon in Virgo



What my soul wants me to know today?

I am grateful for....



Card

17 May
Moon in Virgo



What my soul wants me to know today?

I am grateful for....



Card

18 May
Moon enters Libra 10:23



What my soul wants me to know today?

I am grateful for....



Card

19 May
Moon in Libra



What my soul wants me to know today?

I am grateful for....



Card

20 M	21 T	22 W	23 T	24 F	25 S	26 S
Sun into Gemini			☀ Full Moon in Sag			

Card of the week - message from Soul

Habit tracker

M T W T F S S

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20 May

Moon enters Scorpio 22:34

Sun enters Gemini



What my soul wants me to know today?

I am grateful for....



Card

21 May
Moon in Scorpio



What my soul wants me to know today?

I am grateful for....



Card

22 May
Moon in Scorpio



What my soul wants me to know today?

I am grateful for....



Card

23 May

☀ Full Moon in Sag 13:52
Moon enters Sag in 8:24



What my soul wants me to know today?

I am grateful for....



Card

Full Moon in Sag

What do you wish to celebrate and release under this Full Moon?

Theme: look at the bigger picture.

Pull a card, paint, doodle whatever connects you to your intuition.

24 May
Moon in Sag



What my soul wants me to know today?

I am grateful for....



Card

25 May
Moon enters Capricorn 15:36



What my soul wants me to know today?

I am grateful for....



Card

26 May
Moon in Capricorn




What my soul wants me to know today?

I am grateful for....



Card

27 M	28 T	29 W	30 T	31 F	1 S	2 S
			 Last Quarter moon in Pisces		June	

Card of the week - message from Soul

Habit tracker

M T W T F S S

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27 May
Moon enters Aquarius 20:45



What my soul wants me to know today?

I am grateful for....



Card

28 May
Moon in Aquarius



What my soul wants me to know today?

I am grateful for....



Card

29 May
Moon in Aquarius



What my soul wants me to know today?

I am grateful for....



Card

30 May

☾ Last Quarter moon in Pisces
Moon enters Pisces at 00:33



What my soul wants me to know today?

I am grateful for....



Card

31 May
Moon in Pisces



What my soul wants me to know today?

I am grateful for....



Card



Thank you

May the connection to
your Soul expand you
beyond your wildest
imagination, overcome
your current limitations
and reach your fullest
potential.

