

Moon Journal

Journal for your Soul



Soul Magic Studio



Hello Magical Friend, ✨

Thank you for downloading my journal pages!

How can you use it?

You can import it to GoodNotes or your favourite Journaling app like Zinnia. Every day is an opportunity to connect to your Soul. Connecting with your soul means getting in touch with your inner self and being true to who you are. Aim to listen to your thoughts and feelings. Trust the process even if it's not immediately clear. This connection should make you feel safe, loved, and creative.









Don't be afraid to have fun and play around with new things. This journey is about discovering yourself and embracing your uniqueness. You can look forward to finding inspiration within the pages of your own journal. Over time, your writings might spark new insights and creative thoughts that can guide you on your journey. Stay open to the possibilities!

I hope to receive lots of inspiration from these journal pages. This journal intends to help you connect to your Soul, may this connection nurture you into a safe and creative place where you feel enough and deeply loved!


May this be an inspiration to explore your creative magic and expand your awareness towards more love and joy!

Quick Start Guide for the Moon





The Moon cycle

-  New Moon - set intention
 -  Waxing Crescent Moon - relax into the intention
 -  First Quarter Moon - take action
 -  Waxing Gibbous Moon - get enthusiastic
 -  Full Moon - Abundance, fruition, gratitude
 -  Waning Gibbous Moon - Reflection, learning, reframing
 -  Last Quarter Moon - Acknowledge and release and forgive
 -  Waning Crescent Moon - Rest
- Dark Moon - the night before the New Moon - Deep listening, stillness

Keywords for Moon in the Zodiac signs

-  Moon in Aries: Take action
-  Moon in Taurus: Appreciate
-  Moon in Gemini: Clarity
-  Moon in Cancer: Comfort
-  Moon in Leo: Be grateful
-  Moon in Virgo: Healing
-  Moon in Libra: Cooperate
-  Moon in Scorpio: Feel
-  Moon in Sagittarius: Explore
-  Moon in Capricorn: Focus
-  Moon in Aquarius: Community
-  Moon in Pisces: Meditate

Elemental aspects:

-  Fire signs - spirited
-  Earth signs - practical
-  Air signs - communication
-  Water signs - feelings



Thank you

May the connection to
your Soul expand you
beyond your wildest
imagination, overcome
your current limitations
and reach your fullest
potential.